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BY MAIL

400 1st Ave S, Fargo, ND 58103



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ymcacassclay.org/give



THROUGH MATCHING GIFTS

Inquire with your employer to see if your company has a program.



Your donation makes a difference:

\$25

provides five meals through our community partnership meal programs.

\$1k

provides a one-year membership for a family to build stronger bonds and grow healthier together.

\$100

provides one, 12-week session of LIVESTRONG® at the YMCA, our cancer survivorship program.

\$2.5k

provides ten sessions of adaptive swim lessons which teach skills to accommodate individual abilities, needs, and goals.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FIND YOUR REASON TO GIVE

2023 ANNUAL CAMPAIGN
YMCA of Cass and Clay Counties



learn more

ymcacassclay.org/annualcampaign

contact us

give@ymcacassclay.org | 701.364.4120



"I truly believe Addie's growth was largely impacted by the staff at the YMCA. They are such **caring and loving people**."

- Megan

OUR CAUSE

Every day, the YMCA of Cass and Clay Counties strengthens our community for kids, adults, seniors, and families. We do this through facilities and programs that teach, connect, heal, nourish, and encourage. We are dedicated to enhancing the spirit, mind, and body of all by focusing on three key areas: youth development, healthy living, and social responsibility.

Addison's Resilience

Addison unexpectedly lost her dad – the light of her world – in March 2021. Five-year-old Addie's mind was already full of things that most children think about, like learning to write their name and playing with friends. However, due to her loss, Addie was also dealing with an ADHD and anxiety diagnosis and additional behavior challenges.

Addie's mom, Megan, wasn't sure what to do. With the loss of her husband, transition to a new city, and change of employment she wanted to get Addie on a path of support and consistency. Megan called the YMCA looking for child care and was very transparent about Addie's current challenges. When the YMCA assured her that they would do everything in their power to help regulate her emotions and support her, Megan was relieved. Additionally, the YMCA offered her a scholarship to make payments more manageable.

Megan initially planned for Addie to start kindergarten in the fall of 2021, but instead enrolled her in preschool at the YMCA's Calvary Early Learning Center.

As Megan had hoped, Addie thrived at the YMCA. Her teacher, Ms. Amanda, and the other staff showed her kindness, compassion, grace – and most of all, love. They helped Addie find ways to positively express her emotions. On days when she was overcome with grief they listened to her talk about her dad and gave her extra quiet time to process her feelings.

In the fall of 2022, Megan reached out to the West Fargo Public School District to see if it would be possible for Addie to jump directly into first grade. The school district set her up with a test and when the results came back, Megan was blown away. Addie excelled in all of the categories and proved she was ready for first grade. Megan had tears in her eyes, she was so proud of Addie. **"I truly believe Addie's growth was largely impacted by the staff at the YMCA," Megan said. "They are such caring and loving people. I couldn't be more thankful for what they've done for my daughter."**

Youth Development

At the YMCA, we're committed to ensuring every child has an opportunity to pursue their best future through programs that inspire them to reach their full potential socially, academically, emotionally, and physically.



Through the generosity of our donors, 32% of our child care participants, on average, receive scholarship dollars annually to learn and grow.

Healthy Living

The YMCA knows that by identifying and removing barriers, we can offer spaces, facilities, and programs that are open and accessible in order to create opportunities for healthy living.



Through the generosity of our donors, we are able to offer crucial community programs like Active Older Adults and LIVESTRONG® at the YMCA, our cancer survivorship program.

Social Responsibility

The YMCA responds to society's most pressing needs by developing innovative, community-based solutions like meal offerings and our Christmas Giving Tree program to lend a hand to neighbors in need.



Last year throughout the school year and summer, the YMCA fed 1,800+ children per week in Cass and Clay Counties.



Scan to learn more about the Y's mission and our Annual Campaign!

Caring for the physical, social, and emotional health of our families remains a top priority. We provide safe spaces for individuals to belong and to receive support in the areas of self-confidence, social awareness, and relationship-building. We come alongside children and adults in our community to help them develop healthy habits that will last a lifetime. **Your generosity allows the Y to continue to provide opportunities for everyone to learn, grow, and thrive.**



FIND YOUR REASON TO GIVE. FIND YOUR Y.



FOREVER GRATEFUL

YMCA Annual Campaign 400 1st Ave S, Fargo, ND 58103
For questions or to create a customized payment plan, call 701.364.4120.

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- pay with a credit/debit card by calling 701.364.4120 or visiting us online at ymcacassclay.org/give. Mastercard, Visa, and Discover are accepted.
- pay via check (made out to YMCA of Cass and Clay Counties)
- request an invoice: \$ _____

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date